

## - STARTERS -

STEAK TARTARE*	Tenderloin, sherry mustard dressing, shallots, capers, quail egg, lavash. 32
ROASTED BONE MARROW	Hazelnut romesco sauce, pickled shallot, capers, grilled crostini. 27
GLAZED BACON	Cipollini onions, bourbon vanilla glaze. 20
PRIME TENDERLOIN BITES	Citrus soy glaze, house made chili oil, pineapple powder, roasted macadamia nuts. 24
WAGYU MEATBALLS*	American Wagyu meatballs, creamy polenta, Parmigiano–Reggiano, Mama Lil's peppers, house made marinara. 20
SPICY FRIED SHRIMP	Sesame chili sauce, fried peppers. 20
DUNGENESS & KING CRAB CAKES	Granny Smith apple slaw, European style citrus butter sauce. 35

– PRAWN COCKTAIL – Cocktail sauce, lemon. 35

 DUNGENESS CRAB COCKTAIL – Classic cocktail sauce. 42 – HALF SHELL OYSTERS\* –

Champagne mignonette. ½ Dozen 30

 ICED SHELLFISH PLATTER\* –
 Half shell oysters, Prawns, Dungeness crab legs and Maine lobster. 150

## - SOUPS AND SALADS -

FRENCH ONION SOUP	Swiss Emmentaler, caramelized onions, crostini, beef and veal stock, vermouth. 17
MAINE LOBSTER BISQUE	Rich lobster stock, heavy cream, Cognac. 16
CLAM CHOWDER	New England style. 12
ICEBERG WEDGE	Gala apples, grape tomatoes, toasted hazelnuts, Point Reyes blue cheese, honey cured slab bacon. 16
CAESAR	Chopped romaine, ciabatta crouton, Parmigiano–Reggiano, Spanish white anchovies, Caesar dressing. 13
ORGANIC BABY SPINACH	Shaved fennel, sun–dried tomatoes, Marcona almonds, Garrotxa goat cheese, tomato vinaigrette. 13
HOUSE FIELD GREENS	Anjou pears, Gorgonzola, candied walnuts, Dijon mustard vinaigrette. 12
	Anjou pears, Gorgonzola, candied walnuts, Dijon mustard vinaigrette. 12
- DIN	
- DIN WILD KING SALMON*	INER SPECIALTIES — Grilled King salmon, steamed asparagus, Yukon Gold mashed potatoes, lemon chive
- DIN Wild king salmon* Alaskan halibut*	INER SPECIALTIES — Grilled King salmon, steamed asparagus, Yukon Gold mashed potatoes, lemon chive beurre blanc. 60
- DIN WILD KING SALMON* ALASKAN HALIBUT* DUNGENESS CRAB AND PRAWN FETTUCCINE	INER SPECIALTIES – Grilled King salmon, steamed asparagus, Yukon Gold mashed potatoes, lemon chive beurre blanc. 60 Pan seared, tasso ham succotash, corn puree. 60 Mesquite grilled prawns, Dungeness crab, red onions, mushrooms, Parmigiano–Reggiano,
- DIN WILD KING SALMON* ALASKAN HALIBUT* DUNGENESS CRAB AND PRAWN FETTUCCINE LOBSTER TAIL	<ul> <li>INER SPECIALTIES –</li> <li>Grilled King salmon, steamed asparagus, Yukon Gold mashed potatoes, lemon chive beurre blanc. 60</li> <li>Pan seared, tasso ham succotash, corn puree. 60</li> <li>Mesquite grilled prawns, Dungeness crab, red onions, mushrooms, Parmigiano–Reggiano, alfredo, herbed breadcrumbs. 49</li> </ul>
- DIN WILD KING SALMON* ALASKAN HALIBUT* DUNGENESS CRAB AND PRAWN FETTUCCINE LOBSTER TAIL STEAKHOUSE CHICKEN	<ul> <li>INER SPECIALTIES –</li> <li>Grilled King salmon, steamed asparagus, Yukon Gold mashed potatoes, lemon chive beurre blanc. 60</li> <li>Pan seared, tasso ham succotash, corn puree. 60</li> <li>Mesquite grilled prawns, Dungeness crab, red onions, mushrooms, Parmigiano–Reggiano, alfredo, herbed breadcrumbs. 49</li> <li>Steamed asparagus, Yukon Gold mashed potatoes, lemon, drawn butter. Market Price</li> </ul>

Thank You for Dining at The Metropolitan Grill.

A 20% Service Charge is included on your check. Your Server earns a 10% commission on gross sales and retains 100% of anything left on the tip line. The Company retains 100% of the service charge. WA State law requires we collect tax on all service charges.

\*Consuming raw or undercooked meats may increase your risk of foodborne illness.

## 206.624.3287 | SECOND & MARION | WWW.THEMETROPOLITANGRILL.COM

		T —	
	<b>HE BEST STE</b> f baked potato, mashed potatoe		
	center, very cool <b>MEDIUM RAR</b> M <b>WELL</b> pink throughout <b>WEL</b>		
Our proprietary steak program	ITAN GRILL PRIM n features unsurpassed cutting st om Washington State, all expertly	tandards, custom dry aging, a	and Prime Double R Ranch beef
DELMONICO* 20 oz. 95	FILET MIGNON*	13 oz. 92 8 oz. 80	TOP SIRLOIN* 14 oz. 54
PORTERHOUSE* 34 oz. 130 25 oz. 98	NEW YORK STRIPLOIN	<b>N*</b> 16 oz. 85 12 oz. 72	BONELESS RIBEYE* 16 oz. 92
SRF's proprietar	<b>R FARMS AMERIC</b> y herd combines Wagyu genetics p-quality beef celebrated for its ri	with premium American Bla	ack Angus to craft
FILET MIGNON* 10 oz. 92	SKIRT STEAF	<b>X*</b> 10 oz. 52	STRIPLOIN MANHATTAN CUT* 10 oz.
	- JAPANESE	A5 BEEF -	
	Cast iron s	seared.	
<b>OHMI BEEF FILET*</b> Ohmi beef is renown exceptional flavor depth reminiscent of foie g		ed for its abundant marbling	that melts at room temperature, imparting
<b>SNOW BEEF FILET*</b> Hokkaido Snow beef and prized. The intense weather and strict sta <b>OLIVE BEEF FILET*</b> Raised on Shōdoshin pressed olives, resulting in incredible marblin	andards for raising and care resu ma Island in Kagawa Prefecture v	lt in meat with snowflake-li where cattle farming has exi	ke marbling and delicacy. 6 oz. 185 4 oz. 130
and prized. The intense weather and strict states of the optimized of the	andards for raising and care result ma Island in Kagawa Prefecture v ng and rich flavor. 6 oz. 205 4 oz	lt in meat with snowflake–li where cattle farming has exi 140	ke marbling and delicacy. 6 oz. 185 4 oz. 130
and prized. The intense weather and strict states of the one of th	andards for raising and care result ma Island in Kagawa Prefecture w ng and rich flavor. 6 oz. 205 4 oz	lt in meat with snowflake–li where cattle farming has exi 140 — DIN CHATEAUBRIAND*	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed <b>NER FOR TWO —</b> Carved tableside. Classic cliff sauce,
and prized. The intense weather and strict states of the optimized of the	andards for raising and care result ma Island in Kagawa Prefecture w ng and rich flavor. 6 oz. 205 4 oz TIONS – FILET* 80	lt in meat with snowflake–li where cattle farming has exi 140 — DIN CHATEAUBRIAND* Parmesan tomato crov	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed INERFORTWO – Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 ONE" RIBEYE* American Wagyu,
and prized. The intense weather and strict state OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin — FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU	andards for raising and care result ma Island in Kagawa Prefecture w ng and rich flavor. 6 oz. 205 4 oz TIONS – FILET* 80 FILET	It in meat with snowflake–li where cattle farming has exi 140 — DIN CHATEAUBRIAND* Parmesan tomato crov THE MET "LONG BO	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed INERFORTWO – Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 ONE" RIBEYE* American Wagyu,
and prized. The intense weather and strict state OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin — FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190	andards for raising and care result ma Island in Kagawa Prefecture w ng and rich flavor. 6 oz. 205 4 oz TIONS – FILET* 80 FILET E FILET* 300	It in meat with snowflake-li where cattle farming has exist. 140 CHATEAUBRIAND* Parmesan tomato crow THE MET "LONG BO served sliced. 40 oz. 2	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed INERFORTWO – Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 ONE" RIBEYE* American Wagyu,
and prized. The intense weather and strict sta OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin — FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190 SNOW FILET & OHMI FILET & OLIVI - FOR THE	andards for raising and care result ma Island in Kagawa Prefecture w ng and rich flavor. 6 oz. 205 4 oz TIONS – FILET* 80 FILET E FILET* 300	It in meat with snowflake-li where cattle farming has exises a 140 CHATEAUBRIAND* Parmesan tomato crow THE MET "LONG BO served sliced. 40 oz. 2 — ADI	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed INERFORTWO – Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 ONE" RIBEYE* American Wagyu, 25
and prized. The intense weather and strict sta OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin — FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190 SNOW FILET & OHMI FILET & OLIVI — FOR THE CREAMED SPINACH TOP BRUSSELS SPROUTS Bac	Andards for raising and care result ma Island in Kagawa Prefecture wag and rich flavor. 6 oz. 205 4 oz TIONS – FILET* 80 FILET E FILET* 300 TABLE – oped with sharp cheddar cheese.	It in meat with snowflake-li where cattle farming has exit . 140 — DIN CHATEAUBRIAND* Parmesan tomato crov THE MET "LONG BO served sliced. 40 oz. 2 — ADI 12 OSCAR STYLE	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed INER FOR TWO – Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 ONE" RIBEYE* American Wagyu, 25
and prized. The intense weather and strict sta OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin — FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190 SNOW FILET & OHMI FILET & OLIVI — FOR THE CREAMED SPINACH TOP BRUSSELS SPROUTS Bac	Andards for raising and care result ma Island in Kagawa Prefecture wag and rich flavor. 6 oz. 205 4 oz TIONS – FILET* 80 FILET E FILET* 300 TABLE – oped with sharp cheddar cheese. con, Parmesan cheese, kled onions. 14	It in meat with snowflake-li where cattle farming has exit . 140 — DIN CHATEAUBRIAND* Parmesan tomato crov THE MET "LONG BO served sliced. 40 oz. 2 — ADI 12 OSCAR STYLE LOBSTER OSCAR STYLE	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed <b>INER FOR TWO –</b> Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 <b>ONE" RIBEYE*</b> American Wagyu, 25 <b>DITIONS –</b> E Dungeness crab, bearnaise, asparagus tips. 30 E Bearnaise, asparagus tips. 35 S Two jumbo prawns, lemon garlic scampi
and prized. The intense weather and strict sta OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin - FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190 SNOW FILET & OHMI FILET & OLIVI - FOR THE CREAMED SPINACH TOP BRUSSELS SPROUTS Bac pick	Andards for raising and care result ma Island in Kagawa Prefecture wag and rich flavor. 6 oz. 205 4 oz TIONS – FILET* 80 FILET E FILET* 300 TABLE – oped with sharp cheddar cheese. con, Parmesan cheese, kled onions. 14 rbed black garlic butter. 16	It in meat with snowflake-li where cattle farming has exit . 140 — DIN CHATEAUBRIAND* Parmesan tomato crow THE MET "LONG BO served sliced. 40 oz. 2 — ADI 12 OSCAR STYLE LOBSTER OSCAR STYLE GRILLED PRAWNS	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed INERFORTWO – Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 ONE" RIBEYE* American Wagyu, 25 DITIONS – E Dungeness crab, bearnaise, asparagus tips. 30 E Bearnaise, asparagus tips. 35 S Two jumbo prawns, lemon garlic scampi butter. 28
and prized. The intense weather and strict sta OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin - FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190 SNOW FILET & OHMI FILET & OLIVI - FOR THE CREAMED SPINACH TOP BRUSSELS SPROUTS Bac pick SAUTEED MUSHROOMS Her ASPARAGUS Béa	Andards for raising and care result ma Island in Kagawa Prefecture wag and rich flavor. 6 oz. 205 4 oz ATIONS – FILET* 80 FILET E FILET* 300 TABLE – oped with sharp cheddar cheese. con, Parmesan cheese, kled onions. 14 rbed black garlic butter. 16 arnaise sauce. 14	It in meat with snowflake-li where cattle farming has exit . 140 — DIN CHATEAUBRIAND* Parmesan tomato crow THE MET "LONG BO served sliced. 40 oz. 2 — ADI 12 OSCAR STYLE LOBSTER OSCAR STYLE GRILLED PRAWNS	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed <b>INER FOR TWO –</b> Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 <b>ONE" RIBEYE*</b> American Wagyu, 25 <b>DITIONS –</b> E Dungeness crab, bearnaise, asparagus tips. 30 E Bearnaise, asparagus tips. 35 S Two jumbo prawns, lemon garlic scampi
and prized. The intense weather and strict state OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin - FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190 SNOW FILET & OHMI FILET & OLIVI - FOR THE CREAMED SPINACH TOP BRUSSELS SPROUTS Bac pick SAUTEED MUSHROOMS Her ASPARAGUS Béa ROASTED BABY CARROTS Han feta MAC & CHEESE Bea	Andards for raising and care result ma Island in Kagawa Prefecture wag and rich flavor. 6 oz. 205 4 oz ATIONS – FILET* 80 FILET E FILET* 300 TABLE – oped with sharp cheddar cheese. con, Parmesan cheese, kled onions. 14 rbed black garlic butter. 16 arnaise sauce. 14 rissa yogurt, crushed pistachio,	It in meat with snowflake-life where cattle farming has exited . 140 — DIN CHATEAUBRIAND* Parmesan tomato crow THE MET "LONG BO served sliced. 40 oz. 2 — ADI 12 OSCAR STYLE LOBSTER OSCAR STYLE GRILLED PRAWNS PEPPERCORN STYLE	ke marbling and delicacy. 6 oz. 185 4 oz. 130 sted since the year 700, these cattle are fed INERFORTWO — Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195 ONE" RIBEYE* American Wagyu, 25 DITIONS — E Dungeness crab, bearnaise, asparagus tips. 30 E Bearnaise, asparagus tips. 35 S Two jumbo prawns, lemon garlic scampi butter. 28 E Cracked peppercorn crusted, topped with
and prized. The intense weather and strict state OLIVE BEEF FILET* Raised on Shōdoshin pressed olives, resulting in incredible marblin - FILET COMBINA All filets are 4 oz. PRIME FILET & AMERICAN WAGYU PRIME FILET & AMERICAN WAGYU & OHMI FILET * 190 SNOW FILET & OHMI FILET & OLIVI - FOR THE CREAMED SPINACH TOP BRUSSELS SPROUTS Bac pick SAUTEED MUSHROOMS Her ASPARAGUS Béa ROASTED BABY CARROTS Han feta MAC & CHEESE Bea	Andards for raising and care result ma Island in Kagawa Prefecture wag and rich flavor. 6 oz. 205 4 oz ATIONS – FILET* 80 FILET 80 FILET 80 FILET 300 TABLE – oped with sharp cheddar cheese. con, Parmesan cheese, kled onions. 14 rbed black garlic butter. 16 arnaise sauce. 14 rissa yogurt, crushed pistachio, a cheese. 16 echer's Flagship cheddar,	It in meat with snowflake-li where cattle farming has exit and the farm	<ul> <li>ke marbling and delicacy. 6 oz. 185 4 oz. 130</li> <li>sted since the year 700, these cattle are fed</li> <li>INER FOR TWO –</li> <li>Carved tableside. Classic cliff sauce, wns, mushroom caps. 24 oz. 195</li> <li>ONE" RIBEYE* American Wagyu, 25</li> <li>ONETIONS –</li> <li>E Dungeness crab, bearnaise, asparagus tips. 35</li> <li>S Two jumbo prawns, lemon garlic scampi butter. 28</li> <li>E Cracked peppercorn crusted, topped with green peppercorn demi–glace. 8</li> </ul>

## 206.624.3287 | SECOND & MARION | WWW.THEMETROPOLITANGRILL.COM

